

Year 1 Weekly Learning



Information about some of the things we will be learning in the **Week Beginning 20th June**

R.E. Being Sorry

We read stories from the Bible about people who met Jesus. Both Levi and Zaccheus were challenged by Jesus to say sorry for their mistakes, be forgiven by God and make changes to their actions. Other people were able to see that they were followers of Jesus by the change in their lives. We pretend to be Levi or Zaccheus writing to thank Jesus for forgiving us.



We learn from this that we can all choose to be sorry for our wrong words, thoughts and actions, then make a new start with God's help. We decorate candles as we reflect on how we can be forgiven and make changes ourselves.

PHSE It's My Body

We talk about the choices we have about the keeping our bodies healthy.

Exercise

We investigate what happens to our breathing, skin and muscles as we exercise. We learn why it is important to exercise regularly and what could happen if we choose not to do so.



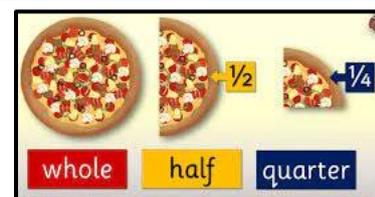
Rest and Sleep

We find out about why we need to get enough rest and sleep. We learn what happens if we make poor choices about this and how we can get into good habits at bedtime to help us relax and sleep well.



Maths

We continue learning about **Fractions**.



Find a half

There are 12 bees.

Half of 12 is 6

We take shapes and explore folding and cutting them to find **2 equal parts that we call half**.

Then we take groups of objects and share them into 2 equal groups so that there is half in each group.

We learn that if we take shapes and share them into **4 equal parts we find quarters**.

Then we use groups of objects and share them into 4 equal groups so that there is a quarter in each group.

Try finding $\frac{1}{2}$ and $\frac{1}{4}$ parts of food or groups of objects at home!

Show a quarter in different ways

Have a think

1	2
3	4

1	3
2	4

A quarter is one of 4 EQUAL pieces

English

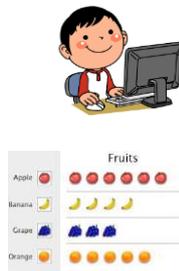
As we are taking part in an exciting range of sports activities this week, we will **write a recount** about our choice of one of these, or about a sports event we have done with a club/group outside of school (eg a football match or dance competition).



Recounts are based on real events and are written chronologically (in time order) so we will use words such as *First, Then, Next, After That, Finally* to show what happened. We will check our own work for capital letters and full stops. Including details and adjectives to show the excitement of the action will make it an interesting report to read.

Computing

We now use the Purple Mash website to explore Pictograms, showing data about our favourite fruits. Learning can be supported online with Purple Mash at home.



Music

We listen to two contrasting pieces of music and compare their musical styles. We also respond to music in a dance workshop.



P.E.

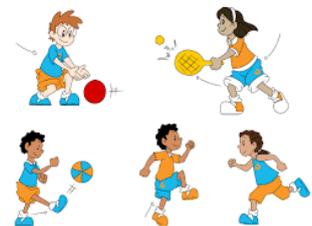
Please come to school in P.E. Clothes every day this week!

As it is Healthy Week, we are taking part in a range of sporting workshop and challenges every day. Please make sure children are in clothing and footwear that is suitable for outdoor exercise, including a sunhat.

Each day will be a surprise activity to the class so just ask your child each day what sport they did.

Please join us on Thursday from 9.15 to support us in our Sports Day races if you can!

You could also talk about ways in which you could keep fit as a family – perhaps by doing fun activities (such as swimming or geocaching) or making changes to your daily routine (Park & Stride to school).



Topic – Science / PHSE / PE

This **Healthy Week**, we are looking at how to care for our amazing bodies:

Healthy Eating - which foods and drinks are healthy or unhealthy and why



Sun Safety – how we can keep our skin and whole body safe this season



Exercise – the effects of exercise on our bodies and minds



Rest and Sleep – why relaxation and sleep are so important for health and growth

