

MENU WEEK 1

SERVED W/C: 15th Sept | 6th Oct

Innovate IFG

	Classic main meal	Classic HALAL main meal	VEGETARIAN MAIN MEAL	Sides	SWEET TREATS
MONDAY	Creamy Tomato & Salmon Pasta	Creamy Tomato & Salmon Pasta	Cheese & Tomato Pizza, with Wedges	Peas	Strawberry Mousse
TUESDAY	Classic Beef Lasagne	Halal Classic Beef Lasagne	Vegetarian Lasagne	Italian Vegetables	Original Flapjack
WEDNESDAY	Roast Gammon & Gravy	Halal Roast Chicken & Gravy	Baked Mac n Cheese	Seasonal Vegetables (Carrots, Broccoli & Courgette)	Raspberry Jelly & Mandarins
THURSDAY	Spanish Chicken & Tomato Rice	Halal Spanish Chicken & Tomato Rice	Chickpea, Squash & Rice Tagine	Tomato, Pepper & Carrot Salad	Apple & Chocolate Sponge with Custard
FRIDAY	Fish Fingers & Chips	Fish Fingers & Chips	Vegan Vegetable Nuggets & Chips	Baked Beans	Vegan Lemon Shortbread

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**FRESHLY
COOKED
PASTA**



**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**

MENU WEEK 2

SERVED W/C: 1st Sept | 22nd Sept | 13th Oct

Innovate IFG

Classic main meal

Classic HALAL main meal



Sides

SWEET TREATS

MONDAY

Pork and Beef
Hot Dog &
Wedges with
Onions

Chicken and Beef
Halal Hot Dog &
Wedges with Onions

Vegan Hot Dog
& Wedges with
Onions

Cucumber,
Tomato &
Lettuce Salad

Blueberry
Cookie Bar

TUESDAY

Chicken,
Spinach &
Tomato Pasta
Bake

Halal Chicken,
Spinach &
Tomato Pasta
Bake

Cheesy
Cauliflower Pasta
Bake

Broccoli

Oaty Date
Cookie

WEDNESDAY

Cottage Pie

Halal Cottage
Pie

Vegan
Cottage Pie

Seasonal Vegetables
(Cauliflower, Peas &
Carrots)

Strawberry
Yoghurt with
Summer Berry
Sauce

THURSDAY

Sticky Beef &
Carrot Rice

Halal Sticky
Beef & Carrot
Rice

Tomato Rice
with Peas &
Sweet Potato

Garden Peas
& Broccoli

Banana
Sponge &
Custard

FRIDAY

Battered Fish
& Chips

Battered Fish
& Chips

Margherita
Wrap & Chips

Baked Beans

Orange Jelly

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**FRESHLY
COOKED
PASTA**



**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**

MONDAY

Classic main meal

Vegetarian Nacho
Chilli Bake

Classic HALAL main meal

Vegetarian Nacho
Chilli Bake



Margherita Pizza &
Wedges



Cucumber,
Tomato &
Lettuce Salad



Strawberry
Yoghurt with
Summer Berry
Sauce

TUESDAY

Mac n Cheese
Beef
Bolognaise
Pasta

Halal
Mac n Cheese
Beef Bolognaise
Pasta

Vegan
Bolognaise
Pasta

Broccoli

Oaty Apple
Crumble &
Custard

WEDNESDAY

Roast Chicken
& Gravy

Halal Roast
Chicken &
Gravy

Vegan
Sausage Puff
& Gravy

Seasonal Vegetables
(Carrots, Broccoli &
Courgette)

Raspberry
Jelly

THURSDAY

Mild Chicken
Korma

Halal Mild
Chicken
Korma

Mild Vegetable
Keema Curry

Garden Peas

Garden
Brownie

FRIDAY

Fish Fingers &
Chips

Fish Fingers &
Chips

Southern Style
Quorn Burger
& Chips

Baked Beans

Carrot Cake
Cookie

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**FRESHLY
COOKED
PASTA**



**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**

MENU

Innovate IFG

Freshly Cooked **WEEK 1** Pasta

MONDAY

Pasta in a
cheese sauce

TUESDAY

Tomato & Vegetable
pasta

WEDNESDAY

Pasta in a
cheese sauce

THURSDAY

Tomato & Vegetable
pasta

FRIDAY

Pasta in a
cheese sauce

Freshly Cooked **WEEK 2** Pasta

Tomato & Vegetable
pasta

Pasta in a
cheese sauce

Tomato & Vegetable
pasta

Pasta in a
cheese sauce

Tomato & Vegetable
pasta

Freshly Cooked **WEEK 3** Pasta

Pasta in a
cheese sauce

Tomato & Vegetable
pasta

Pasta in a
cheese sauce

Tomato & Vegetable
pasta

Pasta in a
cheese sauce

AVAILABLE DAILY

**SALAD AND
HOMEMADE BREAD**
served with all main meals

BAKED POTATO
topped with Cheese,
Tuna Mayo or Baked Beans

**A CHOICE OF
JELLY, FRUIT
OR YOGHURT**